



Seattle Pacific University
Student Counseling Center
Watson Hall
3307 Third Avenue W #118
Seattle, WA 98119

INTERNSHIP ANNOUNCEMENT

Professional Counseling And Therapy Internship

TITLE: Professional Counseling and Therapy Intern Clinical
REPORTS TO: Supervisor
HOURS: 20 Hours per week
(From September 2025 to June 2026 or September 2026)*

*Based on Graduate Program Requirements

CENTER OVERVIEW:

The mission of the Student Counseling Center is to foster holistic well-being and psychological development for undergraduate students through direct clinical service, education, and outreach. The SCC strives to develop a safe and welcoming environment that supports a diverse, inclusive and equitable campus community. The work environment is supportive, team-oriented, fast-paced and challenging. Our primary focus is in providing individual mental health counseling utilizing a brief-therapy model, with flexibility built in for clients with more intensive needs and limited resources to access support from a community provider. We offer individual mental health counseling, referral and crisis support services as well as nutritional, couple, family, and group counseling. The SCC team is multidisciplinary, including a registered dietician, and our department works in direct collaboration with other SPU departments as well as off-campus providers as needed. The SCC also provides educational and preventative programming and events throughout the academic year on mental health related topics.

POSITION FUNCTIONS:

- Abide by all University and SCC policies and procedures and local, state, and federal laws, professional ethical standards.
- Provide regular Counseling Assessments to new clients, assessing the client's issues, mental status, relevant history, current context, strengths and resources, and counseling goals, making referrals as indicated.
- Assist at the front desk with greeting clients, processing intakes and answering the phone, more so in the early stage of the internship as the caseload is gradually built, but also throughout the year as needed.
- Provide counseling services to undergraduate students primarily in one-on-one brief therapy.
- Provide services in a culturally competent manner with keen sensitivity to issues of gender, culture, race, ethnicity, sexual orientation, ability differences, socio-economic status, and a commitment to the work of anti-racism.
- Coordinate services with SCC staff and other University departments, staff, and faculty.
- Provide crisis intervention services to assigned clients and walk-in clients.
- Attend and participate in regularly scheduled weekly supervision. Bring a minimum of one video-taped counseling session for review with supervisor each month.
- Attend and participate in the weekly SCC All Staff Meeting consisting of administrative meetings, group supervision, and professional trainings.
- Regularly participate in educational/preventative/outreach programming or on-campus activity throughout the academic year.
- Work 20 hours per week, with the exception of University holidays and all-campus closures.
- Complete all paperwork according to agency standards of quality, thoroughness, and timeliness.

REQUIREMENTS:

Be enrolled in a mental health counseling related master's degree program. Exhibit personal maturity, well developed relationship skills, counseling related coursework and experience, and the ability to work cooperatively and respectfully in a team setting. Be willing to do what is needed in areas that are not directly counseling-related when the need arises. Hold a personal commitment to and ability to articulate SPU's Christian mission (see: [SPU Statement of Faith on SPU website](#)). Accepted interns must sign an SPU Volunteer Agreement and submit proof of Professional Liability coverage in the amount of \$1M per occurrence and \$3M aggregate.

TO APPLY: Submit a cover letter and resume to Nikka Dellosa, Office Manager, by email (scc@spu.edu) or by fax (206) 378-5030. Applications will be reviewed upon receipt and top candidates will be contacted for interviews. Typically our selection process is complete by Mid-March. After Mid-March, we accept applications on a rolling basis. Contact the Student Counseling Center if you have any questions at (206) 281-2657.